

A FAMILY'S HEARTBREAK

A Parent's Introduction to Parental Alienation



A Family's Heartbreak: A Parent's Introduction to Parental Alienation Now Available

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(PRLEAP.COM) What happens when a child stops seeing you as Mom or Dad? The recently published book, *A Family's Heartbreak: A Parent's Introduction to Parental Alienation* by Michael Jeffries and Dr. Joel Davies, explains how normal, healthy parent-child relationships can go from hugs to heartbreak during high conflict divorce and separation.

"Parental alienation is when one parent damages, and in some cases destroys, a child's normal relationship with the child's other parent," explains Michael Jeffries, the book's author. "Our book will help parents dealing with this very destructive family dynamic and educate legal and mental health professionals searching for ways to prevent these situations."

Another goal of the book, according to Jeffries, is to raise the visibility of an issue that is affecting millions of parents, children and extended family members every year. "Parental alienation isn't recognized in the courts as often as it should be," he explains. "We must get judges to recognize alienation and not just dismiss the problem as two angry, bitter litigants who, given enough time, we'll get over their anger and go home."

The book is available online at <http://www.afamilysheartbreak.com>. The book is also available on Amazon.com. Michael Jeffries can be reached at mike@afamilysheartbreak.com.

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