

# A FAMILY'S HEARTBREAK

A Parent's Introduction to Parental Alienation



## **MEDIA CONTACT:**

Stu Opperman, APR

Impact Players

(954) 815-2303

E-mail: [impactplayers@bellsouth.net](mailto:impactplayers@bellsouth.net)

## **A FAMILY'S HEARTBREAK . . .**

***Book Describes One Parent's Desperate Struggle to Understand and Overcome Parental Alienation***

## **FACTS:**

Michael Jeffries and Dr. Joel Davies, co-authors of *A Family's Heartbreak: A Parent's Introduction to Parental Alienation* share how normal, healthy parent-child relationships can quickly go from hugs to heartbreak during high-conflict divorce and separation.

Book was written to help alienated parents better understand and deal with their emotionally devastating experiences. The book also educates legal and mental health professionals about this destructive family dynamic so they can help children maintain normal, healthy relationships with both parents.

Parental alienation exists in most families during divorce and separation. In mild alienation, a parent's unintentional words and actions may have a temporary, negative affect on the child's relationship with the other parent. In severe alienation, the parent deliberately damages, and in some cases destroys, the previously normal parent/child relationship. In these situations the child also helps the alienating parent cut the previously loved parent out of the child's life.

## **QUOTES:**

"A provocative and compelling account of the destruction of a father-son relationship and the legal system's complicity in the process. Jeffries pulls back the curtain on the tragedy of a child whose love turns to contempt as he takes sides in his parents' divorce. Sure to be an eye-opener for parents and professionals alike."

- Richard A. Warshak, Ph.D, author of *Divorce Poison: Protecting the Parent-Child Bond From a Vindictive Ex*

"Parental Alienation isn't recognized in the courts as often as it should be. We must get judges to recognize alienation and not just dismiss the problem as two angry, bitter litigants who, given enough time, will get over their anger and go home."

- Michael Jeffries, *A Families Heartbreak: A Parent's Introduction to Parental Alienation*

## **NUMBERS:**

According to the U.S. Census Bureau, nearly 20 million children (27%) live in single-parent homes due to divorce. With approximately one out of two marriages ending in divorce, and approximately 60% of divorcing couples having children, approximately one million children per year join the ranks of single-parent homes.

## **LINKS:**

**[A Family's Heartbreak Homepage \(http://www.afamilysheartbreak.com\)](http://www.afamilysheartbreak.com)**

**[A Family's Heartbreak Facebook Group](#)**

**<http://www.parental-alienation.com>**